



# Nazareth Family Spirituality: Celebrating Your Faith at Home

*Catherine Doherty*

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Bring your home and family life to Christ!

Catherine Doherty, foundress of Madonna House and best-selling author of the award-winning spiritual classic *Poustinia*, talks straight to families in this compilation by one of her spiritual sons, MH priest Fr. Blair Bernard.

Catherine first talks about Christ's hidden Nazareth years, which made up most of his earthly life, and which prepared him for the three years and three days which would change the world. She elaborates on the profound spiritual significance of these years, not only for the Lord, but for each of us and our families. With the Nazareth years as her point of departure, Catherine discusses the ways families can connect their ordinary lives with God. For her, Nazareth is that hidden little village [where we] become whole again. As the title of this book indicates, Nazareth is a whole way of life, especially in its hiddenness. For hidden is the life that most of us live. In simple, chatty chapters, Catherine demonstrates the spiritual depth of the hidden vocation of marriage and family: to form a community of love.

The book also presents practical ways of passing on the faith, to celebrate it particularly for and with children. The unique and beautiful cycle of the church year customs celebrated in Madonna House is here adapted for use in your home. Over the years the MH community has drawn these customs from the East and the West, and from various countries; they have stood the test of time in their communication of the joys as well as the truths of our faith.

Catherine discusses various issues in family life: teen dating, the loneliness of living a faith life in a secular world, parents as co-creators with God, various difficulties of wedded life. Catherine introduced to her community of Madonna House a Russian idea of unity called *sobornost*; here she presents this idea of *sobornost* as a goal for family life as well. And fearlessly she addresses the end of life in the section *Til Death Do Us Part*, completing the cycle of a life lived in the Lord.

Nazareth Family Spirituality provides much food for families to digest, families whose sanctity and integrity is so questioned in our day and age. It also gives much encouragement to live a life of faith in our modern world.

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world has grown up. The dialect styles that writer require to explain it is easy to understand. Typically the writer made some investigation when he makes this book. That's why this book ideal all of you.

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