



# Escaping Another's OCPD Tyranny!:: The Ultimate Survival Guide for the OCPD Besieged

*Mack W. Ethridge*

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Congratulations! The research report, which you have wisely chosen to buy is going to prove to be one of the best investments of your other-person OCPD challenged life! Many purchasers have praised this work for being written with the layperson in mind. Yet, this book also has much to offer any mental health professional who recognizes the tremendous value of clear, direct, easily understandable language, unencumbered by extensive cross-references, annotations, and distracting technical notes. Instead, many helpful features of typography (as style and appearance of typeface) are used to highlight important points which can best be emphasized no other way. The book's sole intent is not to impress, but to communicate, educate, and to free OCPD 'victims' as quickly, and as painlessly, as possible. And, now, for a limited time only, purchasers of 'Escaping' will receive, absolutely free: 1) Consultation privileges direct with the author by email for six months! (Seven questions allowed) – A \$500.00 value! 2) Subscription rights to our New Frontier OCPD Health Newsletter for six months providing the latest scientific findings, research reviews, and proven, practical tools to enhance the quality of any OCPD relationship! – A \$200.00 value! and 3) a rebate check upon later purchase of its self-help sequel, OCPD's Only Hope of Psychological Wellness! – The One Scientific Plan Capable of Progressively Freeing the OCPD Bound. (This new book is person-affirming, appreciative, and respectful so as not in the least way to offend or insult, but rather to lower defenses and invite reflection and consideration – opening the door to life-transforming 'Insight'. Written directly for OCPD persons – truly an excellent gift! Also, it was reviewed and approved by several of America's leading psychologists.) Simply purchase 'Escaping', then request the first two free bonuses at [escapinganotherocpdtyranny@gmail.com](mailto:escapinganotherocpdtyranny@gmail.com). Later, should you buy 'Only Hope', you may claim your rebate check, then. (You will be required to provide a 'code' to verify your purchases. The author will email you the location to obtain it.) Now, the important thing to know about 'Escaping' is that it has features and Resources that do not appear in any other research report, article, book, or audio/video presentation available today. Most importantly, it is geared to providing you with an abundance of hard-won, experimentally-gained, scientifically validated specialized knowledge, practical tools, well-thought-out strategies, and techniques proven to be effective against other's OCPD behaviors, in terms of lessening their severity and curtailing their unwanted occurrence. Some of the unique features in this document are easy-to-read, text-complementing tables, listings, and sections on undealt-with subjects highly relevant to your OCPD situation. In addition, within are Affirmations, Declarations, a goals sheet, Meditations, Reminder (Reinforcement) cards, a resource tool box, and more, all designed as a program, a course of instruction, for your deliverance. In short, as a self-help manual, you will be shown what to do, and not to do around an OCPD person; what to say, and not to say, and why. It is all spelled out, all original. Use it wisely, and consistently, and you will assuredly reap the benefits of time well invested, in learning how to withstand, deflect, and disable a personality-disordered individual's misery-inflicting behavior – once for all! Best Wishes! Godspeed these life-liberating solutions – to you! (PS: As of Sept. 2014, Mack's OCPD writings are being offered by New York's award-winning North Shore/Long Island Health Care System at their OCD Center as an adjunct to patients seeking education and/or treatment for OCPD.) Author's PROFESSIONAL AFFILIATIONS: Member – IOCDF; Member – NAMI; Benefactor – Columbia University New York State Psychiatric Institute (NYSPI), OCD Research Center; Contributor – NIMH; and Donator – The Mental Illness Research Association (MIRA)

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