



Keep It Simple: Daily Meditations For Twelve- Step Beginnings And Renewal (Hazelden Meditation Series)

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There is no end to new beginnings. If you have just set out on the journey of recovery with the Twelve Steps as your guideposts, or if you are beginning again with renewed spirit, these daily meditations will help you along your way, illuminating at every turn the simple beauty of the cornerstone concepts of recovery.

By providing a year's worth of encouragement, reflection, and prayer, *Keep It Simple* gently integrates recovery wisdom into your everyday life with 366 simple action-for-the-day reminders.

Like all the Hazelden meditation favorites, *Keep It Simple* is a dependable companion, extending a helping hand to those who seek a daily dose of strength, support, and guidance.

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