



# Hour 30: An Uncensored Memoir of a Doctor in Training

*Brandon Musgrave MD*

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## **Hour 30: An Uncensored Memoir of a Doctor in Training** Brandon Musgrave MD

A 30-hour shift without sleep is something akin to running a marathon, in terms of sheer exhaustion. Brandon Musgrave should know. While in medical school, he endured many of these grueling shifts, as have countless other physicians in training. 'Hour 30' is a gripping memoir shedding new light on the life of a medical student. From insane work hours to dramatic patient encounters, nothing is censored as the reader is taken through all four years of medical training. Although sometimes graphic in nature, the reader will come away with a new outlook on what really goes on in today's hospitals and medical training programs. This book highlights the remarkable transformation of a novice student into a physician and gives a new take on the doctor-patient relationship. 'Hour 30' is a raw, hardcore memoir written with a positive spin as the author learned to deal with death and dying to realize the calling of his life.

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