

Knife Fighting, Knife Throwing for Combat (Special Forces/Ranger-Udt/Seal Hand-To-Hand Combat/Special W)

Michael D. Echanis

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Formerly RESTRICTED to military and law-enforcement personnel, this book is now available to the general public for THE FIRST TIME since its initial printing! Through detailed, captioned photographic sequences, learn dozens of knife-attack and counterattack techniques, hwarang-do's relation to hand-to-hand combat, psychological/physical visualization techniques, and secrets of unconventional paramilitary warfare.



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