



The Power of Mini Habits Box Set: Jumpstart Your Day with Everyday Mini Habits That Will Change Your Life for the Better (Organize and Declutter)

Elaine Gutierrez, Keith Boyer

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The Power of Mini Habits Box Set (2 in 1)

Book One: Jump Start Your Day: Everyday Mini Habits That Will Change Your Life for the Better

If you are struggling with getting up and getting started every day then “Jump Start Your Day: Everyday Mini Habits That Will Change Your Life for the Better” is the book for you.

“Jump Start Your Day: Everyday Mini Habits That Will Change Your Life for the Better” covers everything you need to know to get yourself going in the morning and to maintain that energy throughout the day. No matter how energized you wake up every day, this book makes sure that you have the tools to be just a little more energetic, organized and on top of things!

As you journey through “Jump Start Your Day: Everyday Mini Habits That Will Change Your Life For the Better” you will learn how to better organize your morning home space as well as your work space to get the best results from your day without spending time fretting over disorganization and clutter.

Inside You Will Also Learn about:

- How to get a jump on the day
- Creating a good routine
- Organizing your day
- Avoiding daily distractions
- And Much More

Don't Delay, Download This Book Today!

Book Two: Power of Mini Habits: Life-Changing and Highly

Effective Habits that Will Transform Your Life

Do you want to make changes in your life but can't find the motivation? Do you consistently set yourself goals which you cannot achieve and then get frustrated and demoralized when you fail? Do you know what you are doing wrong in your life but feel powerless to make meaningful changes?

This is where mini habits come into their own. It might sound crazy but making one tiny change in your life can have a far bigger effect than you could possibly ever imagine.

Inside You Will Learn:

- The theory behind mini habits;
- How to make mini habits work for you;
- How to combine mindfulness and mini habits;
- How to set yourself up for success;
- How to use mini habits in the workplace;
- How mini habits can change your personal life;
- How to use mini habits as a family;
- How to use mini habits to promote a better diet;
- How mini habits can make you fit;
- And much, much more.

Don't delay. Learn how small changes can have a big impact on your life. Start with one small click and download this book today!

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Katherine Herron:

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