



Widowed

Joyce Brothers

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In 1989, Dr. Joyce Brothers's husband of more than thirty years, Dr. Milton Brothers, passed away. As a widow, Dr. Brothers found herself emotionally lost and alone, at sea in an ocean of grief -- until she dealt with her despair, overcame her loneliness, and, gradually, put her life back together again.

In WIDOWED, Dr. Brothers shares this intimate journey and offers the knowledge she has gained along the way. In her personal, comforting way, Dr. Joyce Brothers describes the very real incidents and feelings that every woman who has lived through the death of a spouse will immediately recognize.

Here is compassionate insight on confronting grief and loss, coping with the myriad emotions that bombard a widow, and handling the pain and self-pity that ultimately lead to change. This is the book you can turn to for support, strength, and, most importantly, a glimpse of hope.

"Crammed with good advice, generously coated with genuine compassion, WIDOWED is must reading." --
The Pittsburgh Press

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From reader reviews:

Teresa Propst:

Spent a free time to be fun activity to perform! A lot of people spent their leisure time with their family, or their very own friends. Usually they doing activity like watching television, gonna beach, or picnic from the park. They actually doing ditto every week. Do you feel it? Do you want to something different to fill your current free time/ holiday? Could be reading a book is usually option to fill your no cost time/ holiday. The first thing that you'll ask may be what kinds of book that you should read. If you want to try look for book, may be the reserve untitled Widowed can be excellent book to read. May be it might be best activity to you.

Ricardo Bishop:

Playing with family within a park, coming to see the coastal world or hanging out with good friends is thing that usually you might have done when you have spare time, subsequently why you don't try matter that really opposite from that. 1 activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of information. Even you love Widowed, you could enjoy both. It is excellent combination right, you still wish to miss it? What kind of hangout type is it? Oh seriously its mind hangout fellas. What? Still don't understand it, oh come on its identified as reading friends.

Ida Johnson:

Do you have something that you enjoy such as book? The reserve lovers usually prefer to opt for book like comic, limited story and the biggest some may be novel. Now, why not striving Widowed that give your pleasure preference will be satisfied simply by reading this book. Reading addiction all over the world can be said as the way for people to know world a great deal better then how they react to the world. It can't be explained constantly that reading addiction only for the geeky man or woman but for all of you who wants to always be success person. So , for all of you who want to start examining as your good habit, you are able to pick Widowed become your own personal starter.

Donna Muniz:

Your reading 6th sense will not betray you, why because this Widowed publication written by well-known writer whose to say well how to make book that can be understand by anyone who else read the book. Written with good manner for you, dripping every ideas and producing skill only for eliminate your own personal hunger then you still hesitation Widowed as good book not simply by the cover but also by content. This is one guide that can break don't ascertain book by its cover, so do you still needing one more sixth sense to pick this!?! Oh come on your examining sixth sense already alerted you so why you have to listening to a different sixth sense.

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