



Frankincense Essential Oil: Everything You Need To Know About The Essential Oil Fit For Kings (The Essential Oils Uncovered Series Book 3)

Amy Joyson

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Master the powerful natural abilities of Frankincense essential oil with this complete guide. Frankincense is well regarded as a brilliant aid in pain relief and improving sleep. Did you know it can also be used to treat acne, prevent bad breath, reduce the symptoms of arthritis, improve memory and act as a brilliant deodorant? I could go on and on with an endless list of Frankincense's powerful therapeutic applications. It truly is a health powerhouse. Many aromatherapists agree that frankincense should be the cornerstone of anybody's essential oil collection due to the sheer versatility and ease of use. This book has been written to provide a full and thorough breakdown of frankincense essential oil, ranging from its rich history to the modern day applications. Find out what the book contains below!

Here is exactly what you will learn whilst reading this book

- A history of Frankincense Essential Oil's use
- A breakdown of frankincense essential oils chemical composition
- The key therapeutic properties of frankincense essential oil
- A detailed explanation of how the oil is extracted
- How to extract frankincense essential oil at home including how to maximize the purity and yield
- Complete safety instructions when using frankincense essential oil
- How to apply essential oils to the body through massage, inhalation, ingestion and topical application
- The amazing health benefits of the oil
- 6 remedies using frankincense essential oil exclusively, including stress relief and insomnia treatment
- 32 easy and effective recipe/remedy blends containing frankincense oil for treating various ailments
- Cancer treatment blend
- Jet lag blend

- Detoxification blend
- Memory improvement blend
- Acne Treatment Blend
- Over 30 more incredibly helpful natural blends!

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