



The Yin Yang Complex: Create Success by Understanding the World's Oldest Dynamic Forces

Brendan Foley

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A journey of discovery that will unearth the reason why the world is in its current state and why you have evolved in the manner that you have. From the Mesolithic period to the modern day, we explore how we have become so unbalanced. We take ancient knowledge and we apply it to our lives today, our businesses, the environment and we see what we can learn. After 10 years in marketing and advertising Brendan Foley set up Seachange Training a leading provider of leadership, coaching and teambuilding. A few years ago he encountered Reiki and found a calling. He is now a Reiki and Seichem Master and regularly runs energy and spirit workshops.

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