



Striking Thoughts: Bruce Lee's Wisdom for Daily Living

Bruce Lee

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Bruce Lee was more than just a man of action-he was a man of words. A voracious reader, Lee studied text after text, taking meticulous notes to devise his theories-in fighting and in life strategy. Here, for the first time, John Little, who was granted exclusive access to Lee's notebooks, presents Lee's writings on his philosophies of daily living including acting, fatherhood, and the martial arts. As the 60th anniversary of his birth approaches, Bruce Lee is an ever-popular icon of the 20th century-a man truly ahead of his time not just in his mastery of martial arts, but in his forward thinking and his timeless wisdom.



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