



# The Ultimate Secrets of Total Self-Confidence (Revised)

*Robert Anthony*

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**The Ultimate Secrets of Total Self-Confidence (Revised)** Robert Anthony

**The secret behind *The Secret*- the originator of the belief in the power of positive thinking delivers a completely revised guidebook to success.**

Before Rhonda Byrnes delivered the blockbuster bestseller *The Secret*, Dr. Robert Anthony was delivering the principles of Total Self-Confidence. Here Dr. Anthony, bestselling author of *Think Big*, reveals the secrets he has taught in seminars and workshops that have changed thousands of lives. Executives, star athletes, and celebrities know how total self-confidence can make one soar, and anyone can learn how to achieve it in their daily lives. *The Ultimate Secrets of Total Self-Confidence* features advice on:

- Tapping into creative imagination
- Clearing the mind of fear, worry, and guilt
- The best ways to communicate, and the art of small talk
- The simplest ways to get a perspective and set goals
- The joys and benefits of being different

Now revised by the author, this is *the* book for advancement in career, family, love life, finances, and mental and physical health.

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