



# You Can Say No to Chemo: Know Your Options, Choose for Yourself

*Laura Bond*

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## **Remember: It's Your Body and You Do Have Choices**

Beginning in 2011, journalist and health coach Laura Bond and her mother Gemma visited 60 of the world's foremost cancer specialists and healers who are getting remarkable results in treating cancer without radiation or chemotherapy. This book shares the most exciting discoveries they made in their travels. You'll read about everything from hydrogen peroxide therapies and juiced cannabis to high-dose vitamin C, coffee enemas (The Gerson Method), eliminating sugar from the diet, drinking green vegetable juices, and infrared saunas.

Quick to point out that every cancer and every body is different, Bond does not offer a one-size-fits-all approach but throw the doors open wide to thinking about your treatment options--and even about cancer itself--in a whole new light. This book points the way toward making informed choices, based on information, not fear.

Whether you are exploring treatment options, looking to build your body's own resources to heal and restore itself, hoping to find ways to supplement conventional care, or all of the above, look no further. This is the book you need.

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