



# Real Food

*Nigel Slater*

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## **Real Food** Nigel Slater

Nigel Slater's classic guide to comfort food

'Real food means big-flavoured, unpretentious cooking. Good ingredients made into something worth eating. Just nice, uncomplicated food.'

Based on Nigel Slater's absolute favourite food, whether it be The Stickiest Ever Chicken Wings or Baked Goat's Cheese and Pesto in Filo Pastry, Smoked Mackerel Dauphinoise or the classic Bacon Butty, this classic has gone a long way in at last creating a nation of food lovers. In typically unpretentious style, Nigel finds good things to make using mass produced white bread to the finest Italian loaves, or with standard English confectionery to real chocolate made from cocoa solids. With Nigel's unerring understanding of flavours, irresistible, simple recipes, and passionate lively writing, 'REAL FOOD' deserves its place on everyone's kitchen shelf.

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