



# **Lose Weight And Still Eat Chocolate: How to Eat Anything You Want, Shed the Pounds and Never, Ever Gain Them Back**

*Garance Clos*

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## **Lose Weight And Still Eat Chocolate: How to Eat Anything You Want, Shed the Pounds and Never, Ever Gain Them Back** Garance Clos

This book will help you get the body and life you deserve! Heard it before? Wait! There's something you should know... This isn't really a diet book. Between you and me, diets never work! Lose Weight and Still Eat Chocolate is more about you than about your weight. No lists of foods or detox challenges. Oh, and just so you know... working out is totally not mandatory either! What this book has to offer is much more powerful than all the diets you can find out there. It contains vital information on how you can transform your body from the inside out and finally start living the life you were meant to live. You'll discover: - How to start losing weight now! - The most common diet mistakes - And... tips to get a killer body and keep it!

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