



The Five Love Languages of Teenagers

Gary Chapman

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Who is your teenager listening to? Teenagers today are bombarded by messages from their peers, the Internet, music, movies . . . the list goes on. As parents, you may wonder if your words mean anything at all. If so, take heart: all research indicates that the most significant influence on the life of a teenager comes from his or her parents. Yes—parents! In this updated volume, marriage and family expert Dr. Gary Chapman lays out the tools you need to communicate with your teenager. As Dr. Chapman states, "At the root of much teenage misbehavior is a teen's empty love tank. I am not suggesting that parents do not love their teenagers; I am suggesting that thousands of teenagers do not feel that love. For most parents, it is not a matter of sincerity but rather lack of information on how to communicate love effectively on an emotional level." Starting with the world in which your teenager lives, Dr. Chapman walks through the emotional needs of teenagers and how you can best express your love to them. You'll learn how to identify your teenager's love language, how to address their unique need for independence and responsibility, how to combat anger and set up boundaries, and how to best parent your teenager if you are a single parent or a blended family.



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