



# ACSM's Certification Review

*American College of Sports Medicine*

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**ACSM's Certification Review** American College of Sports Medicine

**ACSM's Certification Review** is a review manual for candidates wanting an ACSM credential including ACSM's Health and Fitness Certification, ACSM's Clinical Certification, or ACSM's Registry for Clinical Exercise Physiology. The book combines content from the first editions of **ACSM's Health and Fitness Certification Review** and **ACSM's Clinical Certification Review** into one resource. Content is based on the Knowledge, Skills, and Abilities (KSAs) found in **ACSM's Guidelines for Exercise Testing and Prescription, Seventh Edition**.

Each chapter presents an outline-format review and ends with certification-type questions and answers. The book includes two comprehensive practice exams to test the reader's knowledge.

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