



The Good Enough Child: How to Have an Imperfect Family and Be Perfectly Satisfied

Brad E., PhD Sachs

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Dr. Brad Sachs knows what it's like for parents. Your son or daughter often turns out to be the child of your dreams. In *The Good Enough Child*, this uite different from the experienced and respected psychologist eases you down the unpredictable path of child-rearing, offering lively anecdotes, practical strategies, and hands-on exercises that will help you to develop realistic expectations of your family, and to understand, forgive, and accept them in spite of their imperfections. The result is that you will raise your children with greater clarity and compassion, and finally enjoy a loving, supportive relationship with them.

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