

# 101 Awesome Things To Do for Someone Who's Sick: Caring Ideas + Resources + Gifts + Elder care + Seniors

Elaine Wilkes



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### WINNER OF INDIE EXCELLENCE BOOK AWARDS for 2014

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### Amazon's "Hot New Release" in Multiple Categories!

#1 Amazon Best-Seller in Physician & Patient Care giving!#1 Amazon Best-Seller in Eldercare!#2 Amazon Best-Seller in Aging Parents!

Show you care.

## "Is there anything I can do?" YES!

This easy-read answers that question with:

- Super special things you can do that they'll cherish forever
- Nurturing ideas (Ahhh!)
- Thoughtful ways to uplift their spirit
- Practical, helpful tips (You'll be happy you have these!)
- Touching, heartwarming stories
- Inspiring contributions from 101 people
- Free, helpful resources (so much help out there!)
- Wise advice from seasoned caregivers
- Original gift ideas

Plus, these ideas can also be used for a meaningful birthday, anniversary, or holiday present.

How nice! They're SO gonna love what you do!

These thought-provoking, inspiring messages also show the triumph of the human spirit.

You'll receive a whole new perspective on compassion and helping people who are sick.

This book will greatly help you help cancer patients, the elderly, people recovering from surgery, or in the hospital, rehab, or hospice. Even pregnant women having babies, or someone housebound could have use these tips to brighten their day.

This will help you and others get through tough times and the hardships of life.

#### Please read the outstanding reviews! Example:

Fantastic!!! There are terrific ideas big & small to do for anyone on any occasion! Some ideas so touching, some funny...many very easy. It's an easy and a delight to read! I find myself just opening pages to discover new ideas."

I'm buying this for gifts just in time for the holidays! And I'm having fun planning on doing some of the ideas! -Marigrace Gleason

#### **About The Author**

Elaine has a Ph.D. in naturopathy (alternative medicine), graduating with honors, and a master's degree in psychology.

Elaine has appeared as an expert on *CNN Headline News, E Entertainment TV*, and is quoted in publications such as *The Chicago Tribune, Alternative Medicine, Forbes*, and *Women's World* to name a few.

Elaine's award-winning book, *Nature's Secret Messages: Hidden in Plain Sight*, (Hay House Publishing) received the highly coveted *Publishers Weekly* rare star recommendation, and won The Living Now Awards.

"This book is a page-turner—fascinating, compelling, and incredibly informative. I could not put it down. —Rory Freedman, Co-Author of New York Times best seller Skinny Bitch "With a dash of tongue-in-cheek cheer, actress and PhD-carrying naturopath Wilkes offers a thorough, clearcut and well-illustrated introduction to holistic medicine, natural eating and the benefits of mindfulness." —*Publishers Weekly* 

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