



Consensual Sadomasochism : How to Talk About It and How to Do It Safely

William A. Henkin, Sybil Holiday

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Easy to read, easy to follow, and easy to understand, in this book the authors define and demystify the unique language of consensual sadomasochism, examine the psychological power of erotic dominance and submission, provide a carefully considered guide for safe SM play, and explain how SM can be an activity of intense intimacy and sophisticated erotic theater, as well as one of simple sexual pleasure. Combining their extensive professional credentials with deep personal experience, the result is an original introduction to a widely misunderstood realm of human sexuality.

"Henkin and Holiday have done erotic explorers a wonderful favor. Their useful book is concise and clearheaded in all things SM. But the most radical concept for many will surely be the notion to simply have fun." - Mark Thompson, editor of Leatherfolk

I've actually recommended this book more often than my own. That's because you're holding what is without doubt, one of the finest and most useful books on BDSM ever written. It can help you distinguish between looking and seeing. Not for skimmers.....this one is soul food. - Guy Baldwin, M.S. author of TIES THAT BIND and SlaveCraft

Henkin and Holiday offer a very useful book about BDSM for mainly beginners in the scene but also for anyone who just like staying on top of opinions about BDSM. The book is well organized with a glossary right after a good discussion of special terms used in BDSM. Likewise sample negotiation forms are found at the end of the chapter where the procedure is explained. The largest section of the book concerns safety but not necessarily the kind you might find in "On the Safe Edge" or "Learning the Ropes". Here the focus is on learning about yourself first, learning about your partner second, and then how to explore BDSM. Throughout the idea that BDSM is primarily a pleasureable partnership is embraced and indeed in my personal experiences the best SM or Ds relationships are partnerships. Neither Henkin nor Holiday say that their way is the only way but they give solid reasons for their opinions and make suggestions based on years in the scene and as scholars and educators. This is definately a book I have proud to have in my library and one I recommend to people new to BDSM. - TammyJo Eckhart from kinkybooks.com

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