



Personal Development for Beginners: Book 1 - 3: Goal Setting for Success; Time Management for a Productive Life; The Power of Habit: be Efficient in Everything you do

Eddie de Jong

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You can transform your life by knowing what you want, and then going for it

Do you set goals but somehow never reach them? Are you struggling to build the life you want for yourself? Do you aim for the stars but somehow never get close?

>>> Learn how to set Goals that work and be successful in any area of your life.

Is 24 hours per day not enough to get all the things done that you want to? Do you often wish that you had more time to do the things you really love doing? Are you stressed out because your workload is impossible to handle?

>>> Simple Time Management techniques will make you more productive than you've ever been before.

Are you struggling to get everything done that you need to do? Do you often wish that you could be more efficient and productive, and that things could just be done easier? Are you stressed out because your workload is impossible to handle?

>>> Learn new Habits that will help you become efficient in everything you do.

Personal Development for Beginners is based on **tried and tested scientific principles** that have helped millions of people build the lives they want.

The theory has been condensed and simplified into an easy-to-use series of steps that will show you how to:

- Recognize which goals will work for you and which won't.
- Understand the requirements of a well structured goal.
- Take action so that your goals become reality and your life improves exponentially.
- Start keeping track of your time right now.
- Classify your activities based on what is important to you.
- Prevent crisis's that drains you of all energy and leaves room for nothing else.
- Choose and implement those habits that will serve you in becoming what you want to be.
- Get rid of bad habits that trip you up and hold you back.
- Take responsibility for your own life and not allow others to decide how you should live it.
- Deal with the curve balls life throws you so that they don't get in the way of you becoming what you want to be.

Taking Consistent Action is Key to Changing your life

Creating meaningful goals for yourself, managing your time effectively and acquiring those habits that will help you become who you want to be, all becomes easy once you know how. Actually achieve professional

and personal success irrespective of what they are by *following the simple, practical steps outlined.*

Do you want your own profitable business that will bring fame and success? Do you desire financial independence and personal freedom? Would you love to improve your relationships and make them more fulfilling?

All of these are within your reach.

Take action now and change your life forever!

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Roxie Lloyd:

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Calvin Williams:

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