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Jack Green

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Low Fat Vegan Cookbook-Salads For A Vegan Diet

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This book offers many unique recipes for the vegan lifestyle. The directions are easy to understand and apply, nothing difficult to comprehend when making these delicious meals.

Here's a glimpse of the recipes: chickpea salad rock my broccoli salad green and red pepper salad raw vegan strawberry pecan spinach salad strawberry chia dressing: sweet and savory salad orange sesame dressing bean, corn and sprouts bowl pomegranate apple green salad apple salad oil-free orange ginger dressing kale, mandarin orange and goji berry salad citrus ginger cashew dressing strawberry-balsamic dressing buttermilk salad dressing

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