



Own Your Space: The Toolkit for the Working Woman

Nadia Bilchik, Lori Milner

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WHAT HEIGHTS COULD YOU REACH IF YOU BECAME THE VERY BEST VERSION OF YOURSELF?

Own Your Space provides practical tools and insights gleaned from workshops held around the world and from interviews with some of South Africa's most accomplished women to provide you with tried-and-tested techniques, tips and advice to help you boost your career, enhance your confidence and truly own your space on every level. By mastering your headspace, your physical space, your interpersonal and networking skills as well as overcoming the negative effects of past conditioning, you will learn how to develop the unshakeable confidence to achieve absolutely anything.

Own Your Space is the ultimate 'toolkit' to unleash your true power. It's for the woman who wants to take her career to new heights and who is ready to fulfil her true potential.

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