



**The K.I.S.S. Method to Allergy & Asthma Relief -
Based on the books and lectures of Dr. Joel D.
Wallach, the Dead Doctors Don't Lie Guy (The
K.I.S.S. Method to Optimal Health Book 3)**

Amy Adams

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Our bodies are bombarded with all sorts of toxins not only environmental but from the foods we eat. This simple 'how-to-guide' walks you through the steps of eliminating allergies from you body once and for all. It truly is the KISS method to Allergy and Asthma Relief. Our bodies can heal themselves if given the chance. I know from first hand experience. I no longer suffer from seasonal allergies. You an do it too!

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