



Unstuck: Escaping the Rut of a Lifeless Marriage

Barry Ham

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Get out of the 'marriage rut' and find hope and happiness together!

Do you feel *stuck* in your marriage?

Maybe you feel distant from your spouse. Every marriage goes through “dry spells” like this. Or maybe you’ve reached the point where you feel like roommates—two people just co-existing together.

No matter where you are, God knows how to heal a marriage and wants to breathe life into your relationship!

In *Unstuck*, marriage therapist Dr. Barry Ham gives you tools to navigate through hard times in your relationship and shares inspirational stories of couples who worked through the “marriage rut.”

Learn how to:

- Change your relationship’s atmosphere by seeing your spouse through God’s eyes
- Sustain a passionate and vibrant marriage for years to come by learning to build a solid foundation
- Reconnect with your spouse on an intimate, heart level and heal from past hurts together
- Build a successful and unshakeable marriage by learning practices to keep God at the center

If you’re thinking, “I want to learn how to make my marriage better,” discover the secrets to getting Unstuck and partner with God to transform your relationship!

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From reader reviews:

April Little:

Why don't make it to be your habit? Right now, try to prepare your time to do the important behave, like looking for your favorite guide and reading a book. Beside you can solve your trouble; you can add your knowledge by the book entitled Unstuck: Escaping the Rut of a Lifeless Marriage. Try to the actual book Unstuck: Escaping the Rut of a Lifeless Marriage as your good friend. It means that it can to get your friend when you feel alone and beside that of course make you smarter than ever. Yeah, it is very fortunated in your case. The book makes you far more confidence because you can know everything by the book. So , let us make new experience along with knowledge with this book.

Joan Freeman:

The book Unstuck: Escaping the Rut of a Lifeless Marriage give you a sense of feeling enjoy for your spare time. You can utilize to make your capable far more increase. Book can for being your best friend when you getting pressure or having big problem with the subject. If you can make reading through a book Unstuck: Escaping the Rut of a Lifeless Marriage to become your habit, you can get considerably more advantages, like add your own capable, increase your knowledge about many or all subjects. You are able to know everything if you like start and read a book Unstuck: Escaping the Rut of a Lifeless Marriage. Kinds of book are a lot of. It means that, science book or encyclopedia or other people. So , how do you think about this guide?

Matthew Hansen:

People live in this new time of lifestyle always try to and must have the time or they will get wide range of stress from both everyday life and work. So , if we ask do people have time, we will say absolutely indeed. People is human not just a robot. Then we consult again, what kind of activity are you experiencing when the spare time coming to anyone of course your answer will probably unlimited right. Then do you try this one, reading ebooks. It can be your alternative within spending your spare time, the book you have read will be Unstuck: Escaping the Rut of a Lifeless Marriage.

Edmund Hillman:

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