



Instant Mom

Nia Vardalos

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Instant Mom Nia Vardalos

In *Instant Mom*, Nia Vardalos, writer and star of *My Big Fat Greek Wedding*, tells her hilarious and poignant road-to-parenting story that eventually leads to her daughter and prompts her to become a major advocate for adoption.

Moments after Nia Vardalos finds out she has been nominated for an Oscar for the screenplay for *My Big Fat Greek Wedding*, she is alone and en route to a fertility clinic, trying yet again for a chance at motherhood.

Vardalos chronicles her attempts to have a baby, and how she tries everything—from drinking jugs of green mud tea, to acupuncture, to working with two surrogates. Finally, she and her husband, actor Ian Gomez, decide to try adoption and discover a free service: Foster Family Agencies. Then one day, the social workers "match" her with an almost-three-year-old girl, who she knows, instantly, is her daughter.

With her signature wit and candor, Nia Vardalos reveals what really came next—the truth of how she and her husband transitioned a preschooler into their home. Vardalos opens up about the bawling-tears and belly-laughter that all make up what it means to be...a parent.

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