



Sexual Health in Drug and Alcohol Treatment: Group Facilitator's Manual

Douglas Braun-Harvey

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Braun-Harvey's manual deserves to become widely adopted at treatment centers across the United States and beyond. His approach offers an effective method for mitigating the shame that binds people to their addictions. In doing so, it may help pave the way to protracted recovery."--**Journal of Groups in Addiction and Recovery**

The curriculum...provides a vision for chemical dependency treatment I have attempted to address for many years. This looks like an approach that finally meets this need."

--**Eli Coleman, PhD**

Director of the Program in Human Sexuality
University of Minnesota

In this new evidence-based curriculum...Doug Braun-Harvey challenges our attitudes and beliefs, as well as our traditional ways of providing treatment....This material on sexual health can help to provide a missing piece for many recovering addicts."

--**Stephanie S. Covington, PhD, LCSW**

Author, *Women and Addiction: A Gender-Responsive Approach*

For men and women in addiction recovery, sexual behavior linked with drug or alcohol use is too often the primary reason for relapse. When sexuality is not directly and positively addressed in drug and alcohol treatment, it can result in treatment failure or relapse.

This group facilitator's guide introduces a pioneering, evidence-based curriculum, designed to integrate concepts of sexual health, current sex research, and recent developments in relapse prevention research. With this guide, group facilitators can offer clients a positive and safe forum within which to understand and change their sex/drug- linked behaviors.

Key Features:

- Requires no specialized training, and can be integrated into a wide variety of treatment programs with all types of clientele
- Contains lesson plans on dating and relationships, spirituality and sexuality, non-consensual sex, out-of-control sexual behavior, and more
- Complete with suggested group activities, guided discussions, questions, role- plays, and more
- Has been proven to improve client retention and decrease sexual behavioral problems

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Gayle Oconnell:

Do you have something that you enjoy such as book? The publication lovers usually prefer to decide on book like comic, short story and the biggest the first is novel. Now, why not attempting Sexual Health in Drug and Alcohol Treatment: Group Facilitator's Manual that give your pleasure preference will be satisfied simply by reading this book. Reading addiction all over the world can be said as the method for people to know world considerably better then how they react to the world. It can't be said constantly that reading practice only for the geeky man or woman but for all of you who wants to end up being success person. So , for all of you who want to start examining as your good habit, it is possible to pick Sexual Health in Drug and Alcohol Treatment: Group Facilitator's Manual become your starter.

Joe Dix:

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Helene Anderson:

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